

**Top Ten Trot Out Rules for Vet Checks
&
Best Condition Trot Outs**

1. **Have your horse clean and looking like a show horse. Overall impressions help.**
2. **Trot straight out. STOP. Turn your horse and STOP. Trot back.**
3. **When circling, make BIG round circles. Go in the first direction and then STOP. Turn the horse around. STOP. Then circle in the other direction.**
4. **When you don't stop and the horse has to turn abruptly, he sometimes takes a step that makes him look lame, or he may really be off. You don't need to emphasize that point.**
5. **Run as fast as you can. When trotting your horse out, don't look back at him. This makes him hesitate. If he is lame, he is lame. Looking back at him does not make him sounder.**
6. **Watch the style of the people in your area that consistently win B.C. They give their horse every opportunity to look good.**
7. **Basically, you need to run fast, take small steps, makes the horse look like he's running faster. Don't make fast changes of direction.**
8. **Every time you ride you horse, when you get home and untack, practice the trot out and circles. The horse will learn what he is supposed to do. Don't forget to tune him up before the ride.**
9. **At home, don't hesitate to use a dressage whip or a 4 foot long stick to make him understand that he is suppose to trot out very willingly. Associate that with your own special "clucking noise", and he will always move out briskly for you when you use that noise.**
10. **Don't forget your own appearance and physical ability. Remember you are a package!!! If you have a gait abnormality, try to get someone to trot out for you. Sometimes the overall look transcends to the horse.**

Remember - Appearance is Everything..... Darolyn Butler

Darolyn Butler 21415 Cypresswood Dr. Humble, TX 77338

Cypress Trails Equestrian Center
Office Phone # (281) 446 7232 FAX (281) 446 0113
Darolyn's Ce: (713) 816 5558

Web Page: www.horseridingfun.com

e-mail: darolyn@swbell.net